

# ***Step 4 COVID-19 Risk Assessment Checklist***

***September 2020***

***Ambleside Hockey Club***



**ENGLAND  
HOCKEY**

**This Document outlines the actions that are to take place to minimise the risk of Covid 19 during Hockey activities that take place at Ambleside Hockey Club. They are based on the assessment of risks involved at stage 4 of the England Hockey Return to Play programme and complement existing procedures.**

**All players and Coaches are expected to be aware of and comply with these requirements in order to create a safe environment for all.**

**Valerie Nicholls**

**Chairman and Covid 19 Officer**

## Risk Assessment

Completed by:

Date completed:

Action to be considered	Action taken (to be completed by hockey organiser in association with the facility provider)	Significance of risk (low, medium, high) after action taken.
<b>General guidance</b>		
Ensure you have read and understood England Hockey's Step 4 guidance	Share information with club players and visitors and spectators as required to ensure compliance with guidelines.	Low
Ensure details of your club/association's COVID Officer have been shared with all members	All Members to be made aware of Club Covid 19 Officer – Val Nicholls. Notice will be placed on Club website and Facebook page. Face to Face communication will be carried out prior to all training sessions and matches.	Low
Ensure compliance with Test and Trace by keeping a register (including contact details) of those individuals present at training/matches. These registers should be held in line with the activity provider's data storage policy.	Registers to be used at training and matches recording players names and contact details. This information will be held for 21 days. Players that play matches or attend training sessions must have registered with England Hockey prior to their participation.	Low

Ensure all participants have signed an England Hockey Participant Agreement prior to playing hockey	Players have been guided to register using the England Hockey Participation Agreement and have been made aware that they will not be able to join in any club activities unless they have signed up.	Low
Ensure all participants are aware of all COVID-19 policies and processes in advance of activity	At the start of each session the session leader/coach/captain will ensure that a briefing is held to make all participants aware of Covid related restrictions that are in place throughout the session.	Low
Ensuring appropriate provisions in place to maintain social distancing guidance and that participants are made aware of the policy in place around usage. This should include pitch lay out, timings, how people enter and exit the pitch, any process/cleaning before/after pitch bookings etc	Coaches/ Assistants/Captains are to ensure that they are familiar with the England Hockey return to play policy and the stage that is in force. The guidelines given by EH are club policy and training sessions/ matches are not to be conducted outside of these guidelines under any circumstances. Changeover procedures at pitch to be applied to reduce/eradicate contact between Ambleside and other pitch users.	Medium
Handwashing facilities (including soap and water) are available. Alternatively (or additionally) provide sufficient hand sanitiser. Regular hand washing should be encouraged.	Players will be asked to bring Hand Sanitiser/ bacterial wipes to all sessions and use it prior to and after training. Hand sanitiser will be available at the entry to the pitch.	Low
Display of education pieces, such as a symptoms chart and handwashing guidance, to raise awareness and promote safe practices	Communicated via Facebook and briefings undertaken before each session. As we do not own or manage the pitch there are few areas that can be used to reinforce Covid	Medium

Ensure that suitable individuals, with appropriate training (including DBS checks if required), are available to support the safe delivery of activity, including ensuring appropriate supervision ratios are maintained.	messages. Coaches are to ensure that they do not exceed the coach/player ratio appropriate to the relevant stage of EH return to hockey programme.	Low
Consider how to manage non-compliance with actions taken to manage the risks of Covid-19	Players who disregard guidelines or put others at significant risk through their actions will be dealt with on an individual basis through education/discipline that may result in removal. Any breaches will be shared with the Club Committee. If any club member has concerns about other peoples' actions they can contact the Covid officer directly or any other member of the club committee, who will escalate the matter in a timely manner.	Medium
Provisions in place to manage arrival/departure of individuals to/from your facilities	Players must ensure that they comply with distancing requirements and do not congregate at the start or end of sessions. Pitches should be cleared promptly after each session.	Low

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**Game/Training guidance**

Ensure equipment is cleaned and disinfected before and after use. This should include preparation of the pitch for training/matches which may include moving goals, netting, corner flags etc.	Balls to be cleaned/disinfected prior to and after use. Goals moved prior to match/training and hands sanitised afterwards.	Low
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Minimise the sharing of kit / equipment (including facemasks, goal keeping equipment etc.)	Communal face masks will be numbered and cleaned and sanitised before and after use. Individuals will be allocated a mask and will use only that mask. Goal Keeper kits will be sanitised after used to ensure it is ready for the next user.	Low
If providing face masks for defensive penalty corners, ensure masks are cleaned thoroughly before and after use and labelled to avoid sharing during games	See above	Medium
No close physical contact (including hand shaking, huddles, sharing of water bottles etc.) in line with government guidance. This extends to pre, during and post-match meetings, briefings, de-briefs, half time talks, celebrations and any breaks in play.	Players to avoid all physical contact in particular sharing water bottles. All drinks bottles should be labelled. Sticks should be used as a rough guide to separation distances between people during briefings etc.	Low
Ensure appropriate First Aid provisions are accessible (see <a href="https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/">https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/</a> )	First Aid kit will be available. PPE will be added to the kit to include gloves facemasks and safety glasses and plastic apron and disposal bag.	Low
Consider whether personal protective equipment (PPE) is required to safely run hockey activity and who may require PPE (e.g. those providing first aid, physios etc.)	See Above.	
Ensure social distancing is maintained for substitutes, team staff, officials, spectators and during breaks in play.	Spectators to be given briefing details and informed of separation required. Spectators will be asked to watch outside	Low

Follow guidance from officials regarding free hits, penalty strokes, penalty corners, restarts etc.	the pitch if required. Ensure all players adhere to instruction given by match officials. This will be covered on pre match briefing.	Low
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**Identify any further risks specific to your environment:**

**Ensure these actions are considered in line with completion of a risk assessment of hockey activity within your club**

For further information regarding Covid-19 risk assessments, please visit England Hockey's insurance centre, provided by Howden: <http://www.ps-hockey.co.uk/> or Sport England <https://www.sportengland.org/how-we-can-help/coronavirus/return-play>